# Ryan Michael Rehl, M.D., FACS

Arizona Sinus Center, A Division of Valley ENT

Phoenix-University Medical Center 926 E. McDowell Road, Suite 207 Phoenix, Arizona 85006 Phone (602) 258-9859

# **BOARD CERTIFICATION:**

*American Board of Otolaryngology* June 2007; Certificate number 019255

# LICENSURE:

Arizona Medical Board # 36377

# **POST-GRADUATE TRAINING:**

Fellowship in Rhinology and Advanced Endoscopic Sinus Surgery

California Sinus Institute and Foundation
East Palo Alto, California
Winston C. Vaughan, MD Program Director
July 1, 2006-June 30, 2006

Administrative Chief Resident—Department of Otolaryngology—Head and Neck Surgery

University of Illinois at Chicago
July 1, 2005-June 30, 2006

Residency in Otolaryngology—Head and Neck Surgery

University of Illinois at Chicago
July 1, 2002-June 30, 2006

Internship—Department of Surgery

University of Illinois at Chicago June 24, 2001-June 23, 2002

# **EDUCATION:**

The Ohio State University College of Medicine and Public Health Columbus, Ohio M.D. June 2001 Cornell University Ithaca, New York Bachelor of Science May 1996

## **EMPLOYMENT AND ACADEMIC APPOINTMENTS:**

### **CURRENT POSITIONS:**

Clinical Assistant Professor, Department of Surgery University of Arizona College of Medicine-Phoenix May 2019- present Co-Director, Arizona Sinus Center, a Division of Valley ENT Phoenix, Arizona November 2014-present

Section Chief-Otolaryngology-Head and Neck Surgery Department of Surgery Banner University Medical Center-Phoenix October 2017-present President, Valley ENT Foundation Scottsdale, Arizona January 2020-Current

### **PREVIOUS POSITIONS:**

**Continuing Medical Education Chair, Valley ENT, P.C.** Scottsdale, Arizona May 2017-November 2020 Team Physician-Otolaryngology NBA Phoenix Suns Phoenix, Arizona September 2008-September 2020 **Industrial Design** Apple Independent Contractor Apple, Inc. Cupertino, California March 2016-December 2018 President, Arizona Society of Otolaryngology-Head and Neck Surgery April 2013-October 2015 **Director, Arizona Sinus Center** Phoenix, Arizona July 2007-November 2014 **Residency Program Site Director, Banner Good Samaritan Medical Center Oral** and Maxillofacial Surgery Site: Arizona Sinus Center/ENT Rotation July 2011-2012

## **HONORS AND AWARDS:**

Phoenix Magazine Top Doctors Designation
 2009, 2010, 2015, 2016, 2017, 2018, 2019, 2020
 Elected annually by physician peers
 Fellow of the American College of Surgeons
 Elected October 2020
 Alpha Omega Alpha Medical Honor Society
 The Ohio State University College of Medicine and Public Health
 August 2000
 PROFESSIONAL SOCIETY MEMBERSHIP:
 American College of Surgeons
 Arizona Society of Otolaryngology Head & Neck Surgery (Past President)

Arizona Medical Society American Academy of Otolaryngology—Head and Neck Surgery American Rhinologic Society Alpha Omega Alpha Medical Honor Society

### **PUBLICATIONS:**

#### PEER REVIWED JOURNAL ARTICLES:

Little AS, Kshettry VR, Rosen MR, **Rehl RM**, Haegen TW, Rabinowitz MR, Nyquist GG, Recinos PF, Sindwani R, Woodard TD, Santarelli GD, Milligan J, Evans JJ. Pos-

toperative Oral Antibiotics and Sinonasal Outcomes Following Endoscopic Transsphenoidal Surgery for Pituitary Tumors (POET) study: a multicenter, prospective, randomized, double-blinded, placebo-controlled study, Submitted to *Neurosurgery* June 2020

**Rehl RM**, S Oliaei, K Ziai, H Mahboubi, HR Djalilian. Tympanomastoidectomy with otoendoscopy, *ENT Journal*, 2013; 91(2): 527-532.

**Rehl RM**, Cabay, RJ, Hearp, ML, Balla AA, Joe SA. Mucosal Remodeling in Chronic Rhinosinusitis. *American Journal of Rhinology*. 2007; 21: 651-657.

**Rehl, RM**, Benson AG, Danahey DG. Pathology Quiz Case: Ossifying Fibroma of the Maxilla Presenting with Associated Sinusitis and Orbital Complications. *Archives of Otolaryngology—Head and Neck Surgery*. 2005; 131: 271-3.

McLaughlin RB, **Rehl RM**, Lanza, DC: Clinically Relevant Frontal Sinus Anatomy and Physiology. *Otolaryngologic Clinics of North America*. 2001; 34: 1-22

Cho MJ, Vaghy, PL, Kondo R, Lee SH, Davis J, **Rehl R**, Heo WD, Johnson JD: Reciprocal Regulation of Mammalian Nitric Oxide Synthase and Calcineurin by Plant Calmodulin Isoforms. *Biochemistry*. 1998; 37: 15593-15597

#### **BOOK CHAPTER:**

Timothy Haegen, **Ryan M. Rehl**, Winston C. Vaughan. **"Above and Below "Techniques in Revision Sinus Surgery.** In Kountakis SE, Jacobs J, Gosepath J. Revision Sinus Surgery. Springer Berlin Heidelberg, 2008: 281-287.

### ACADEMIC ACTIVITIES AND SCHOLARLY PRESENTATIONS:

#### Clinical Assistant Professor-Department of Surgery University of Arizona College of Medicine-Phoenix June 2019-Present

#### **Clinical Preceptor**

Arizona State University College of Nursing and Health Innovation Grand Canyon University College of Nursing and Health Care Professions Phoenix, Arizona September 2018-Present

#### **Director, ENT Update for the Primary Care Provider**

Annual AMA PRA Category 1 accredited seminar for primary care physicians & nurse practitioners HonorHealth Scottsdale Shea Medical Center Scottsdale, Arizona October 28, 2017-October 2020

Course Co-Director, Advanced Techniques in Endoscopic Sinus Surgery Scottsdale, Arizona 2007-2013 Accredited Four day course hosted annually; international enrollment

#### **INVITED FACULTY MEMBER:**

Tackling Problematic Chronic Sinusitis: Evolving Towards Personalized Management Mayo Clinic Arizona, March 22-24, 2018 Accredited 3 day course in Rhinology and Endoscopic Sinus Surgery

#### Craniofacial and Endoscopic Approaches to the Skull Base

Course for Craniofacial Fellows Lecture and Dissection Lab Faculty Member Barrow Neurologic Institute Phoenix, Arizona, August 6, 2017

#### **Tackling Problematic Sinusitis: Benchtop to better Outcomes**

Mayo Clinic Arizona, March 29 – April 1, 2017 Accredited 4 day course in Rhinology and Endoscopic Sinus Surgery

#### **Tackling Problematic Chronic Sinusitis: Module Based Solutions**

Mayo Clinic Arizona, March 31-April 2, 2016 Accredited 3 day course in Rhinology and Endoscopic Sinus Surgery

### **Tackling Problematic Sinonasal Disease: Debates and Consensus** Mayo Clinic Arizona, March 11-14, 2015

Accredited 4 day course in Rhinology and Endoscopic Sinus Surgery

#### Tackling Problematic Chronic Sinusitis: A Conclave of Global Experts Mayo Clinic Arizona, March 27-29, 2014 Accredited 3 day course in Rhinology and Endoscopic Sinus Surgery

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### **Endoscopic Sinus and Skull Base Surgery**

Mayo Clinic Education Center, Phoenix, Arizona, April 3 - 6, 2013 Accredited 4 day course in Advanced Anterior Skull Base Surgery

#### **ENT in the Desert**

University of Arizona COM, Tucson, 2013 and 2019 Accredited 3 day update course in Otolaryngology

### SELECTED INVITED CME ACCREDITED PRESENTATIONS:

Complementary and Alternative Therapies in ENT
ENT Update for the Primary Care Provider
HonorHealth Scottsdale Shea Medical Center
Livestream Course
October 24, 2020
Panel Discussion: Allergies, Sinusitis and Asthma
ENT Update for the Primary Care Provider
HonorHealth Scottsdale Shea Medical Center
October 26, 2019
Sinusitis
ENT Update for the Primary Care Provider
HonorHealth Scottsdale Shea Medical Center
October 26, 2019
Update on New Rhinology In-Office Procedures
ENT in the Desert
University of Arizona College of Medicine-Tucson
February 2, 2019
Vitamin D and the Upper Respiratory Tract
ENT Update for the Primary Care Provider
HonorHealth John C. Lincoln Medical Center
October 27, 2018
Nasal Congestion

ENT Update for the Primary Care Provider HonorHealth John C. Lincoln Medical Center October 27, 2018 **Sinusitis: Acute and Chronic Management** ENT Update for the Primary Care Provider HonorHealth John C. Lincoln Medical Center October 27, 2018 **Post-operative Debridement** Tackling Problematic Chronic Sinusitis: Evolving Towards Personalized Management Mayo Clinic Arizona March 24, 2018 **Sinusitis: Acute and Chronic Management** ENT Update for the Primary Care Provider HonorHealth Scottsdale Shea Medical Center October 28, 2017 Post-operative Rhinology Care Following Endonasal Skull Base Surgery Craniofacial and Endoscopic Approaches to the Skull Base **Barrow Neurologic Institute** August 6, 2017 **Post-operative Debridement** Tackling Problematic Chronic Sinusitis: Module Based Solutions Mayo Clinic Arizona April 2, 2016 **Autoimmune Sinonasal Diseases** Tackling Problematic Chronic Sinusitis: Debates and Consensus Mayo Clinic Arizona March 12, 2015 Not Just Full of Hot Air: Utilizing Balloons in Chronic Rhinosinusitis Tackling Problematic Chronic Sinusitis: A Conclave of Global Experts Mayo Clinic Arizona March 29, 2014 **Topical Medical Therapy for Chronic Rhinosinusitis** Mayo Clinic Endoscopic Sinus and Skull Base Surgery Mayo Clinic Arizona April 3, 2013 Ten Crucial Maneuvers in Functional Endoscopic Sinus Surgery Advanced Techniques in Endoscopic Sinus Surgery 2013 Scottsdale, Arizona February 14, 2013 **In-Office Sinus Ostial Balloon Dilation** Advanced Techniques in Endoscopic Sinus Surgery 2013 Scottsdale, Arizona February 14, 2013 Live Surgery Demonstration Advanced Techniques in Endoscopic Sinus Surgery 2013 Scottsdale, Arizona February 14, 2013 **Catheter-Based Technology in Rhinology** Grand Rounds- Division of Otolaryngology Department of Surgery- University of Arizona Tucson, Arizona May 2, 2012 Ten Crucial Maneuvers in Functional Endoscopic Sinus Surgery Advanced Techniques in Endoscopic Sinus Surgery 2012 Scottsdale, Arizona February 16, 2012

**In-Office Sinus Ostial Balloon Dilation** Advanced Techniques in Endoscopic Sinus Surgery 2012 Scottsdale, Arizona February 16, 2012 Live Surgery Demonstration Advanced Techniques in Endoscopic Sinus Surgery 2011 Scottsdale, Arizona February 11, 2011 **In-Office Sinus Ostial Balloon Dilation** Advanced Techniques in Endoscopic Sinus Surgery 2011 Scottsdale, Arizona February 11, 2011 Ten Crucial Maneuvers in Functional Endoscopic Sinus Surgery Advanced Techniques in Endoscopic Sinus Surgery 2011 Scottsdale, Arizona February 10, 2011 **Understanding Anatomy to Decrease Failure** Advanced Techniques in Endoscopic Sinus Surgery 2010 Scottsdale, Arizona February 11, 2010 Ten Crucial Maneuvers in Functional Endoscopic Sinus Surgery Advanced Techniques in Endoscopic Sinus Surgery 2010 Scottsdale, Arizona February 11, 2010 **Understanding Anatomy to Decrease Failure** Advanced Techniques in Endoscopic Sinus Surgery 2009 Palo Alto, California February 12, 2009 Ten Crucial Maneuvers in Functional Endoscopic Sinus Surgery Advanced Techniques in Endoscopic Sinus Surgery 2009 Palo Alto, California February 12, 2009 **Understanding Anatomy to Decrease Failure** Advanced Techniques in Endoscopic Sinus Surgery 2008 Palo Alto, California February 15, 2008 Ten Crucial Maneuvers in Functional Endoscopic Sinus Surgery Advanced Techniques in Endoscopic Sinus Surgery 2008 Palo Alto, California February 16, 2008 **Mucosal Remodeling in Chronic Rhinosinusitis** American Rhinologic Society National Spring Meeting San Diego, CA, April 26, 2007 **Understanding Anatomy to Decrease Failure** Advanced Techniques in Endoscopic Sinus Surgery 2007 San Francisco, CA, February 16, 2007 **Digital Video in FESS** Advanced Techniques in Endoscopic Sinus Surgery 2007 San Francisco, CA, February 16, 2007 **Must Have Instruments for Advanced FESS** Advanced Techniques in Endoscopic Sinus Surgery 2007 San Francisco, CA, February 17, 2007 New Technology in Endoscopic Sinus Surgery Advanced Techniques in Endoscopic Sinus Surgery 2007 San Francisco, CA, February 17, 2007 Coding and Billing in Functional Endoscopic Sinus Surgery 3rd Annual Western Course: Basic and Advanced Endoscopic Sinus Surgery; Loma Linda University, November 5, 2006 **Revision Frontal Endoscopic Sinus Surgery: Philosophy and Technique** Stanford University Department of Otolaryngology-Head and Neck Surgery Rhinology Rounds, October 2, 2006

# **PERSONAL:**

Interests include spending time with wife and four children, fitness, hiking, promoting continuing education and reading non-fiction